

Monitoring

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SOAP and Plan Examples

- S-I have been really tired but we are doing good. I took an iron supplement yesterday thinking I might be anemic
- O-hgt/wgt, blood work results (which was good)
- A-Discussed prenatal vits and 3 meals with snacks to help with tiredness, referred to DDS for cleaning before Medicaid runs out. GOAL: have 3 meals and a couple of snacks, take prenatal vits
- P-3 mos ed quick healthy snacks, f/u on DDS, f/u on 3 meals and snacks

SOAP and Plan Examples

- S-We are doing good, nursed a couple of days then moved to formula. Using Similac Adv, eating 2 ounces every 2-3 hours
- O-length/wgt
- A-Adequate gain, reviewed grids, discussed mixing and amt of formula, ref'd to MD for 2 wk appt, taking vit D. GOAL: Feed on demand, mixing formula per instructions, delay solids to 6 mos
- P-3 mos. ed on delay solids, f/u MD, monitor growth

SOAP and Plan Examples

- S-Family reapplying for SNAP and declines other ref. States IZ up to date, no concerns with growth or appetite
- O-hgt/wgt, blood work results
- GOAL: positive feeding relationship, wean from btl
- A-Explained growth is consistent and supported goal, reviewed tips for weaning, enc 2 cups of milk/day plus mvi to get vit D requirement
- P-May ed Newsletter/display, f/u weaning, f/u mvi; Sept Mid-cert; Dec Snacking/Meal Ideas/Recipes; Feb Cert/HGB